

Additional Resources

To download the two full reports mentioned in this brochure, please visit: www.cdphe.state.co.us/pp/ccpc or call 303-692-2520



- **The Colorado Department of Public Health and Environment**
www.cdphe.state.co.us/pp/ccpc/ccpchom.asp

Information about the Comprehensive Cancer Prevention and Control Program and the objectives of the state plan for Colorado are listed on this site.

- **NCI - National Cancer Institute**
www.nci.nih.gov

Use this site to locate information about ongoing prostate cancer research and clinical trials. The NCI also provides information about prostate cancer incidence and mortality.

- **CDC - Centers for Disease Control and Prevention**
www.cdc.gov/cancer/prostate

This site provides information on prostate cancer, early detection and treatment options, data and trends, legislation and CDC funded programs.

<http://www.cdc.gov/cancer/prostate/new.htm#online>

This site provides prostate cancer information sources for physicians and other clinical providers.

- **American Cancer Society, Rocky Mountain Division**

The Prostate Cancer Task Force of the American Cancer Society sponsors the Prostate Cancer Awareness Campaign in September every year. Physicians in the community are encouraged to get involved in the task force. Call 1-800-ACS-2345 for more information.

Free brochures for your patients can be ordered from:

- American Cancer Society
<http://www.cancer.org/asp/freebrochures>
1-800-ACS-2345

- National Cancer Institute
www.nci.nih.gov/cancer_information/cancer_literature
1-800-4CANCER

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EXTRA! EXTRA!

NEW DATA
FROM THE
COMPREHENSIVE
CANCER
PREVENTION
AND CONTROL
PROGRAM



Colorado Department
of Public Health
and Environment

Prostate News

CDPHE

2003

COLORADO MEN SPEAK UP ABOUT PROSTATE CANCER SCREENING AND TREATMENT

According to the Colorado Department of Public Health and Environment, many Colorado men still do not know they should be getting screened for prostate cancer. Of those men who have been screened and treated, many experience urinary and sexual dysfunctions yet say they are not overly bothered by them. While most patients are very satisfied with the care they receive from Colorado doctors, some men of color feel that their care providers do not give them equal quality of care.

This brochure highlights essential findings from surveys and interviews with hundreds of Colorado men.



The charts below represent findings from a survey of men diagnosed with prostate cancer in Colorado, as identified by the Colorado Central Cancer Registry.

The sample includes 669 Non-Hispanic white, Hispanic and black survivors.

OVERALL ASSESSMENT OF URINARY PROBLEMS



OVERALL ASSESSMENT OF SEXUAL PROBLEMS



OVERALL BOTHER FROM PROSTATE CANCER OR ITS TREATMENT



For the most part, Colorado health care providers involved in prostate cancer treatment decision-making are seen by patients as being sensitive to informational needs and the role that patients desire to play in the process.

DECISION FACTOR QUESTIONS

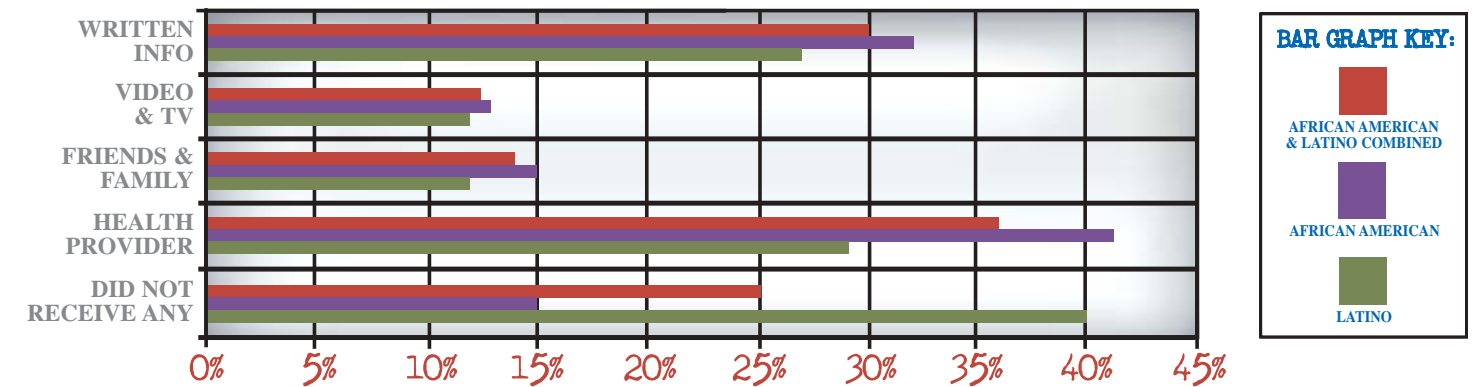
DECISION FACTOR QUESTIONS	ANSWER OPTIONS	RESPONSES
What type of doctor was the main doctor who helped you plan your treatment?	Urologist/Surgeon	82%
	Oncologist	10%
	Primary Care Physician	4%
	Other	4%
What did the primary doctor who helped you plan your treatment do to help you decide about the type of treatment?	Doctor recommended	85%
	No recommendation	9%
	Doctor decided	6%
	Overall, how much do you feel you participated in making the decision about the type of treatment to have?	A big role
Some role		5%
A small role		4%
No role		3%
Knowing what you know, how do you feel about the amount of information you had then?		About the right amount
	Too little information	15%
	Too much information	2%

The graphs below present findings from focus groups conducted by the Colorado Department of Health and Environment with 122 Latino and African-American men from five Colorado communities to better understand the barriers men face in seeking prostate cancer screening.

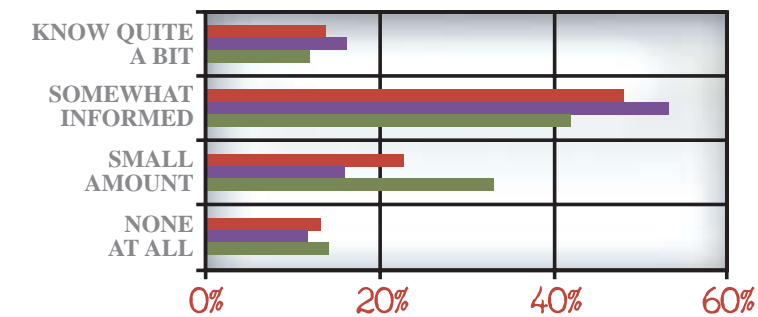


PARTICIPANTS REPORTED:

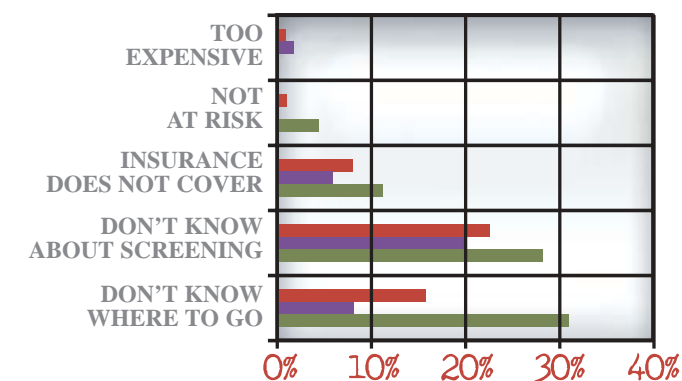
HELPFUL SOURCES OF INFORMATION



KNOWLEDGE ABOUT SCREENING



BARRIERS TO SCREENING



WHAT YOU CAN DO:

- Present the many options and consequences of treatments thoroughly to all patients and their family members.
- Educate female patients to encourage their family to talk about prostate cancer screening. One man surveyed said, "[Women] are the ones that do get us to the doctor's office."
- Include information about prostate cancer screening in discussions about other health issues. A survey participant noted, "When I went to the doctor we were talking more about diabetes then... and not about the prostate."
- Encourage your patients that actively seek screening to help educate their community. Another man surveyed said, "A couple of years ago Mayor Webb... was promoting more exams for prostate cancer. That got me thinking about it..."