

# TRIWEST GROUP

# Appendix C. Colorado Mental Health Institutes (CMHI) Alternatives Survey

**Part II** 

December 29, 2000



# CMHI ALTERNATIVES SURVEY PART II

1.	Please list the community hospitals in your geographic service area that offer
	electroconvulsive treatment (ECT) on either an inpatient or outpatient basis. If no such
	programs are available, please note this.

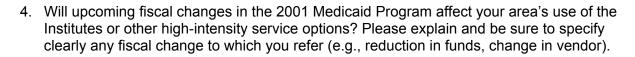
2. Please indicate how many of each of the following housing options are available for mental health consumers <u>WITHIN YOUR GEOGRAPHIC SERVICE AREA ONLY</u>.

### DO NOT INCLUDE FACILITIES ALREADY DESCRIBED IN PART I.

Type of Housing		# of Current Facilities	# of Current Slots	# Additional Slots Needed	Not Applicable
a)	Number of Section 8				
	certificates/vouchers				
b)	Number of HUD 811/202 facilities				
c)	Number of SRO MOD				
	Rehabilitation facilities				
d)	Number of individuals who participate in home ownership programs, (i.e., HOPE III Section 8, DCHOP):				
e)	Number of Assisted Living Facilities				
f)	Other housing (e.g., other group home, board and care):				

3. Please describe any other facility, program, or combination of facilities and programs accessible for consumers that *you* consider helpful in reducing utilization of the Colorado Mental Health Institutes, but that were not included above or in Part I of this survey (e.g., school-based mental health services, wrap-around funds).

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- 5. Will any other upcoming fiscal changes affect your area's use of the Institutes or other high-intensity service options? Please explain, including the change(s) to which you are referring.
- 6. What do you project to be the gaps and inadequacies of your community's system of care two years from now?





7. Hypothetically, if you could increase the capacity of any of the facility and services categories covered on Part I, please list on the matrix below the 2 to 4 categories that you believe would have the most impact on preventing, diverting, or shortening Institute utilization. Please also give a rough estimate of the amount of capacity increase that would be needed.

CATEGORY	To Prevent CMHI Use # / Amount of Increase	To Divert CMHI Use # / Amount of Increase	To Shorten CMHI Use # / Amount of Increase

Indicate category # from list of resources from Part I of the Survey.





- 8. This next matrix of questions concerns special sub-populations of consumers who sometimes receive services in the Institutes. For the following types of consumers from your area who might be referred for an Institute admission, please estimate:
  - 1. The number of consumers from your area who needed a hospital or hospital alternative over the past year (include both those in need who received such a service and those that did not).
  - 2. The adequacy of current capacity of community-based alternatives within one hours drive for urban areas, or two hours drive for rural areas.
  - 3. The clinical effectiveness of community-based alternatives.

For the CAPACITY ADEQUACY ratings, please use the following rating scale:

- 1. Current community capacity represents 0% of need (i.e., alternatives do not exist);
- 2. Current community capacity represents less than 25% of need;
- 3. Current community capacity represents between 26 and 50% of need;
- 4. Current community capacity represents between 51 and 75% of need;
- 5. Current community capacity represents 75 to 100% of need;
- 6. There is excess community capacity.
- 7. Not applicable Consumers with these problems rarely or never request services.

For the CLINICAL EFFECTIVENESS ratings, please rate how effective the available facilities or programs are in preventing, diverting, or shortening Institute utilization for these specialized groups, using the following rating scale:

- 1. Alternatives are not effective
- 2. Alternatives are somewhat effective
- 3. Alternatives are effective
- 4. Alternatives are very effective
- 5. Alternative do not exist / Not applicable





## **Capacity Ratings**

- 1. 0%
- 2. Less than 25%
- 3. 26 50%
- 4. 51-75%
- 5. 75 -100%
- 6. Excess capacity
- 7. Not Applicable

## **Clinical Effectiveness**

- 1. Not effective
- 2. Somewhat effective
- 3. Effective
- 4. Very effective5. Do not exist- N/A

Consumer Sub-Categories	Estimated Number of Consumers Needing Hospital or Alternative	Community Capacity	Clinical Effectiveness
Children aged 11 and younger who			
a) Have co-occurring medical problems			
b) Have a traumatic brain injury or organic brain disorder			
c) Have a co-occurring developmental disability			
d) Have co-occurring substance abuse			
e) Are girls and have a recent violent history			
f) Are boys and have a recent violent history			
g) Have involvement with the criminal justice			
system			
h) Have other problem behaviors (e.g., fire setting, running away)			
i) Have a history of sexual offenses or misconduct			
j) Speak primarily Spanish			
k) Do not speak English nor Spanish			
Adolescents aged 12-17 who			
a) Have co-occurring medical problems			
b) With a traumatic brain injury or organic brain disorder			
c) Have a co-occurring developmental disability			
d) Have co-occurring substance abuse			
e) Are female and have a recent violent history			
f) Are male and have a recent violent history			
g) Have involvement with the criminal justice			
system			
h) Have other problem behaviors (e.g., fire setting,			
running away)			
i) Have a history of sexual offenses or misconduct			
j) Speak primarily Spanish			
k) Do not speak English nor Spanish			





## **Capacity Ratings**

- 1. 0%
- 2. Less than 25%
- 3. 26 50%
- 4. 51-75%
- 5. 75 –100%
- 6. Excess capacity7. Not Applicable

### **Clinical Effectiveness**

- 1. Not effective
- 2. Somewhat effective
- 3. Effective
- 4. Very effective5. Do not exist N/A

Consumer Sub-Categories	Estimated Number of Consumers Needing Hospital or	Community Capacity	Clinical Effectiveness
	Alternative		
Adults aged 18 to 59 who			
a) Have co-occurring medical problems			
b) With a traumatic brain injury or organic brain			
disorder			
c) Have a co-occurring developmental disability			
d) Have co-occurring substance abuse			
e) Are female and have a recent violent history			
f) Are male and have a recent violent history			
g) Have involvement with the criminal justice system			
h) Have other problem behaviors (e.g., fire setting,			
running away)			
i) Have a history of sexual offenses or misconduct			
j) Whose primary language is Spanish			
k) Whose primary language is neither English nor			
Spanish			
Older Adults aged 60 and over who			
a) Have co-occurring medical problems			
b) With a traumatic brain injury or organic brain			
disorder			
c) Have a co-occurring developmental disability			
d) Have co-occurring substance abuse			
e) Are female and have a recent violent history			
f) Are male and have a recent violent history			
g) Have involvement with the criminal justice system			
h) Have other problem behaviors (e.g., fire setting,			
running away)			
i) Have a history of sexual offenses or misconduct			
j) Whose primary language is Spanish			
k) Whose primary language is neither English nor			
Spanish			
Consumers of any age who need a complex			
diagnostic evaluation			