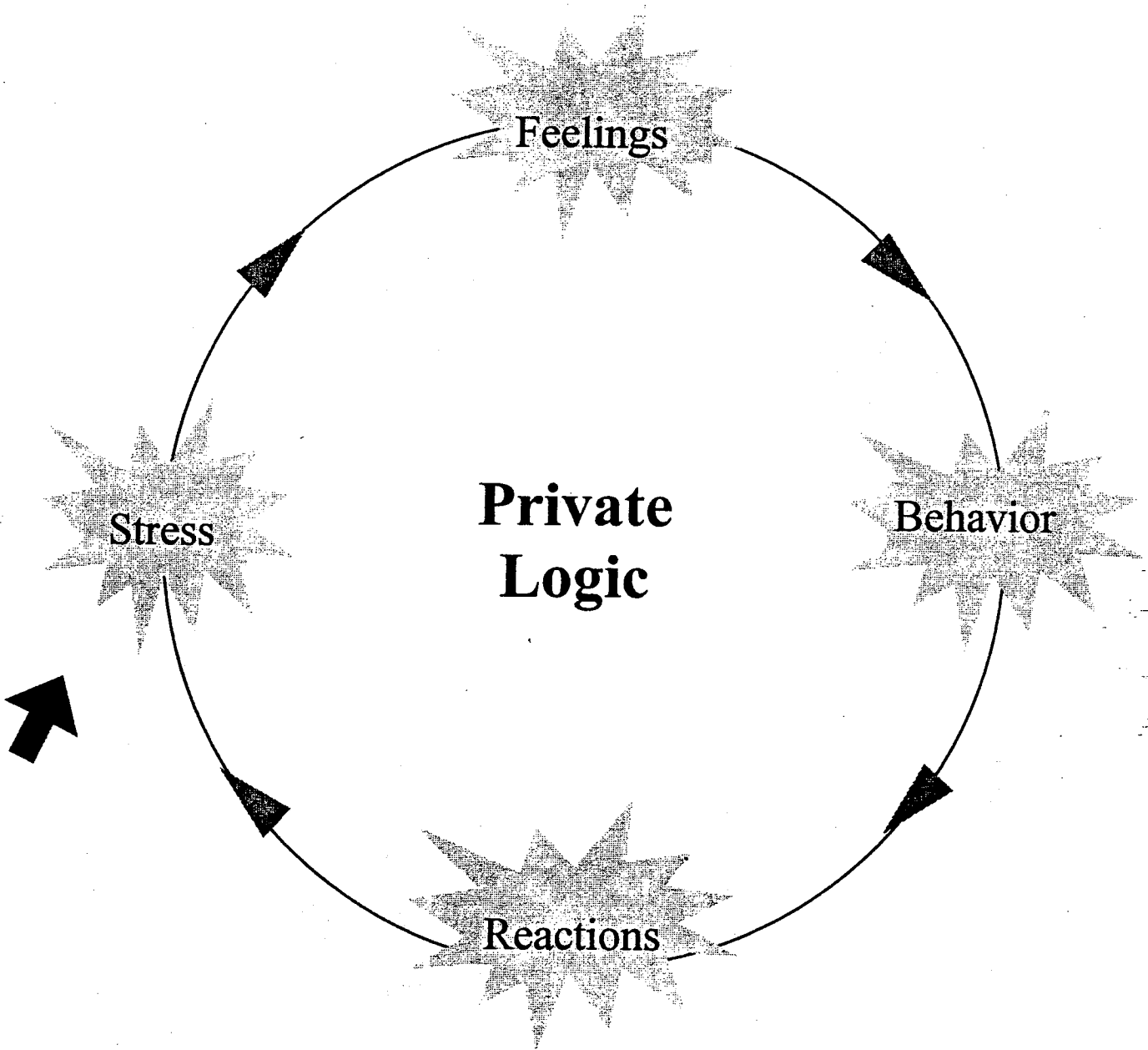


Courage for the Discouraged

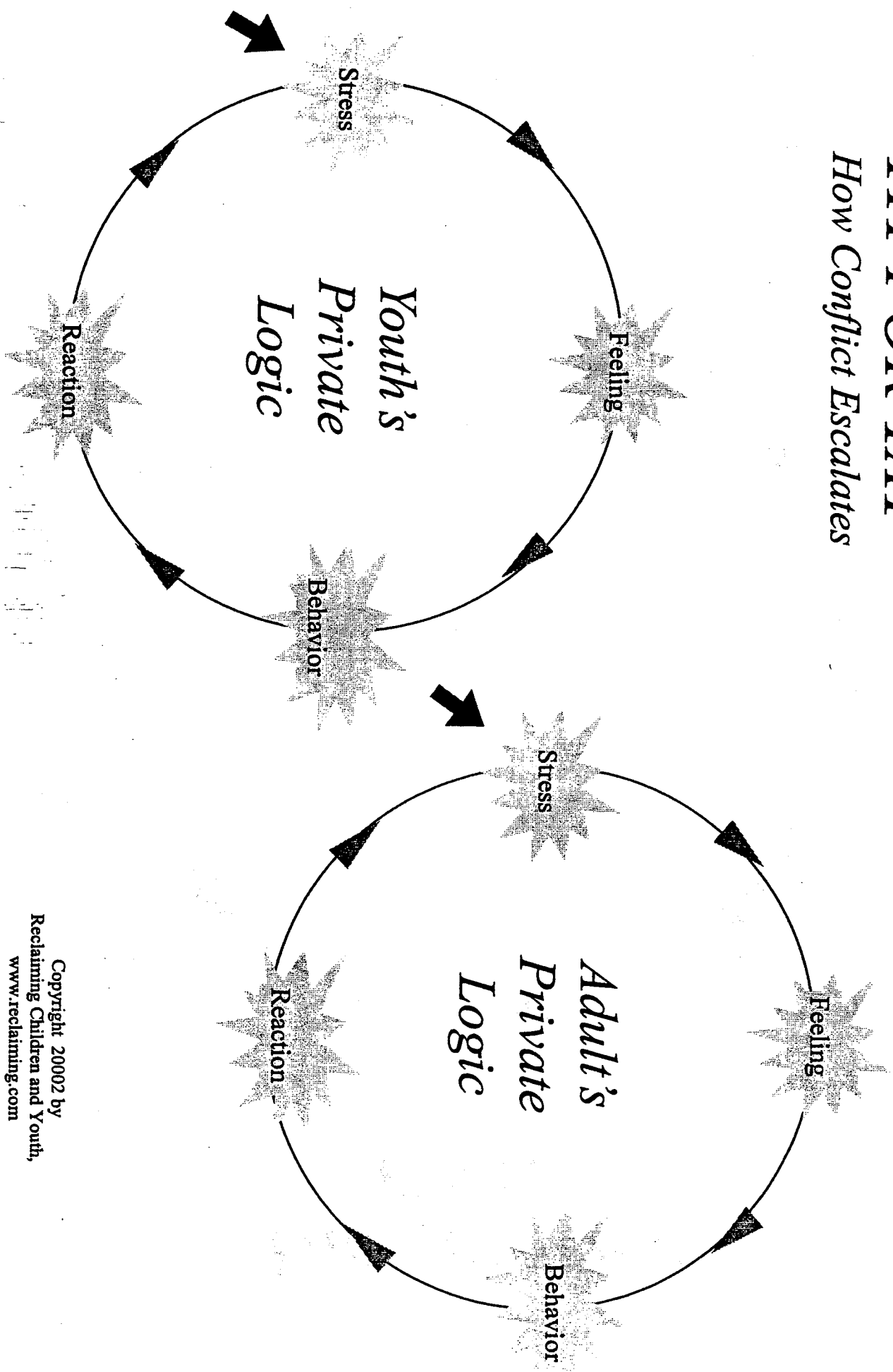
Larry Brentro, Ph.D.

THE CONFLICT CYCLE

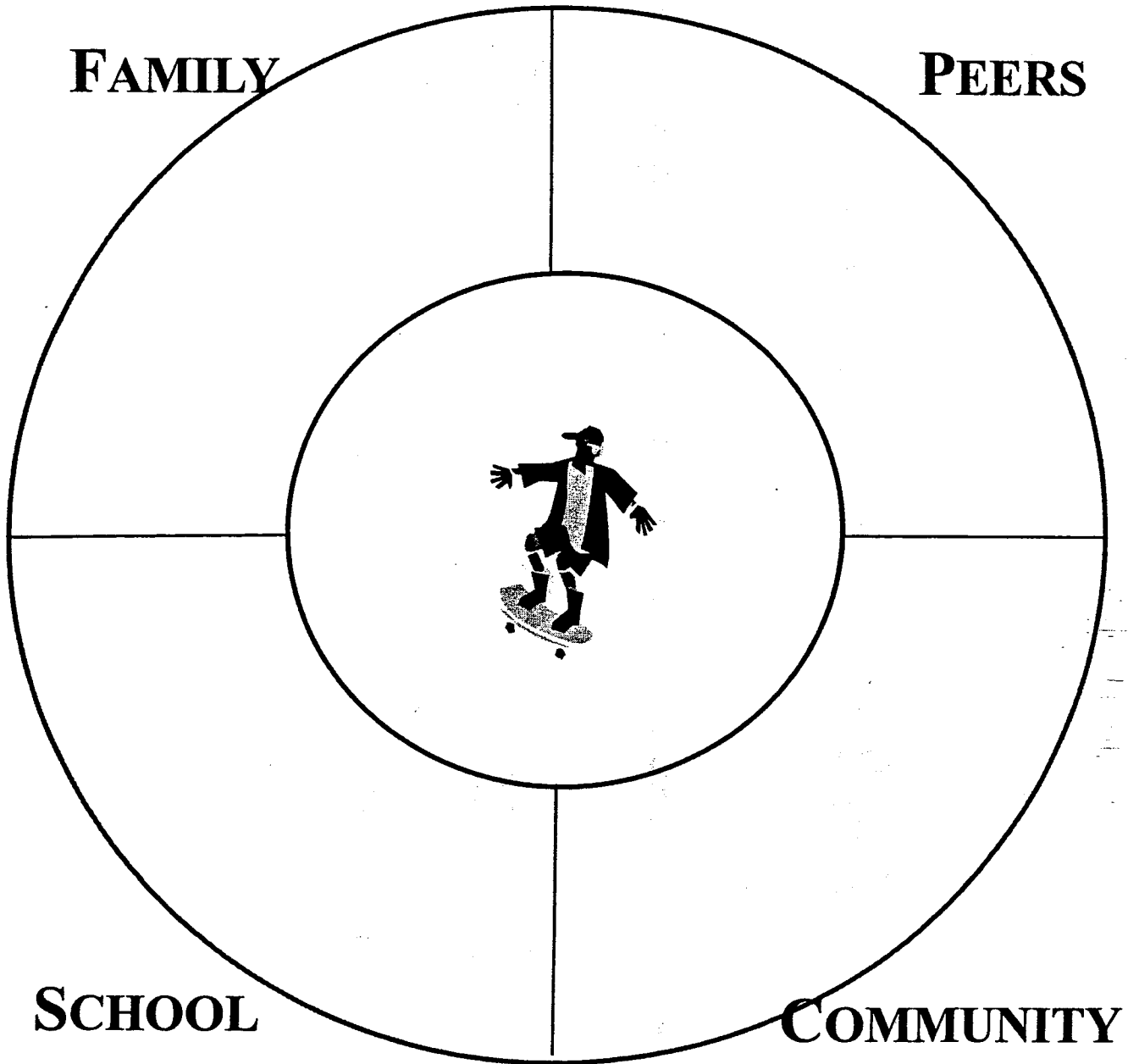


TIT FOR TAT

How Conflict Escalates



CONNECTIONS



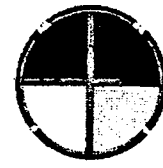
Pathways to Violence



Crisis	Brooding	Belligerent	Defiant Pride
Mistreatment	Seeks a solution	Oppositional	Aggression is rewarding
Traumatic events	Violence coaching	Covert aggression	Hostile thinking, values
Extreme stress	Rejects victim role	Overt aggression	Antisocial peers, lifestyle

PROBLEMS AS OPPORTUNITY

STRENGTHS, PROBLEMS, AND GOALS FOR GROWTH



STRENGTHS

Attachment

- trust
- inclusion
- warmth
- friendship
- cooperation

Achievement

- talent
- interest
- comprehension
- organization
- coping

Autonomy

- power
- assertiveness
- self-confidence
- self-control
- optimism

Altruism

- purpose
- empathy
- kindness
- forgiveness
- respect

PROBLEMS

Alienation

- distrust
- exclusion
- detachment
- rejection
- antagonism

Failure

- incompetence
- disinterest
- confusion
- chaos
- defeat

Irresponsibility

- impotence
- coercion
- unassured
- misled
- futility

Selfishness

- emptiness
- rancor
- exploitation
- vengeance
- disrespect

GOALS FOR GROWTH



Belonging

- a.
- b.
- c.



Mastery

- a.
- b.
- c.



Independence

- a.
- b.
- c.



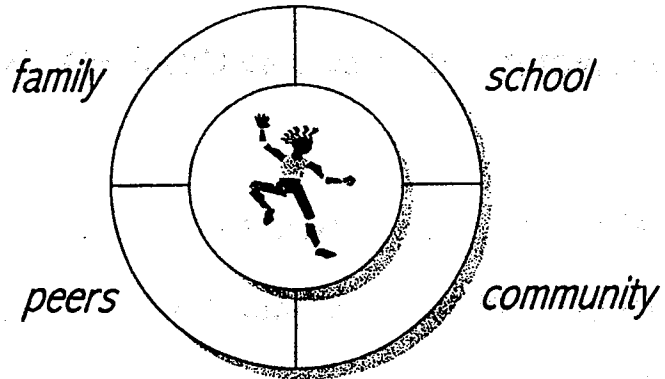
Generosity

- a.
- b.
- c.

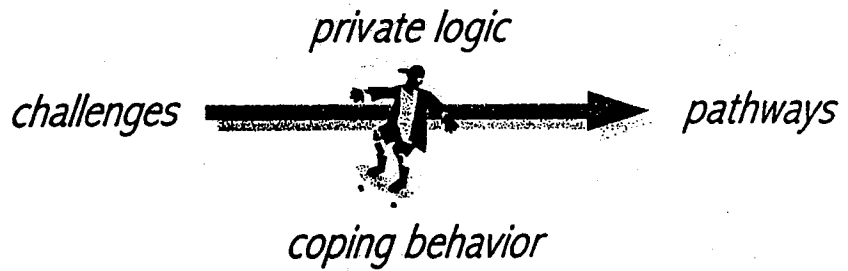
The Developmental Audit™

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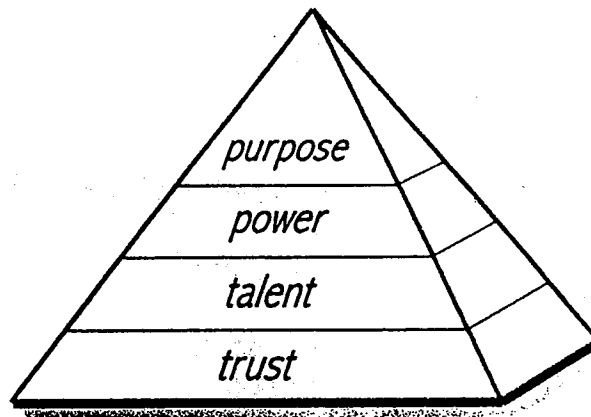
Connections



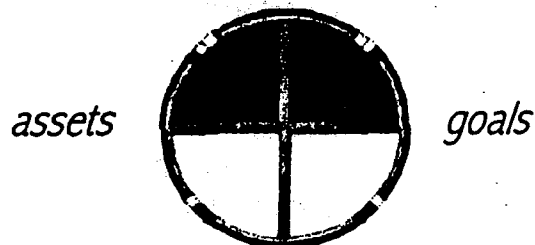
Continuity



Dignity



Opportunity



The Path for Connecting with Difficult Kids

By John R. Seita and Larry K. Brendtro

- 1. Recast all problems as learning opportunities.**
"Please coach me, don't scold me."
- 2. Provide fail-safe relationships.**
"A person like me really needs a fan club."
- 3. Increase dosages of nurturance.**
"I need to believe that you really care."
- 4. Don't crowd.**
"When you get too close, I will back away for a while."
- 5. Use the back door.**
"If you can help me do well, you are important."
- 6. Decode the meaning of behavior.**
"I try to hide what I really think."
- 7. Be authoritative, not authoritarian.**
"Help me to control me."
- 8. Model respect to the disrespectful.**
"Your respect helps build mine."
- 9. Enlist youth as colleagues.**
"We are the only real experts on ourselves."
- 10. Touch in small ways.**
"I watch little things you do to discover who you are."
- 11. Give seeds time to grow.**
"Please be patient with me – I am still learning."
- 12. Connect youth to cultural and spiritual roots.**
"I need to know there is a purpose for my life."